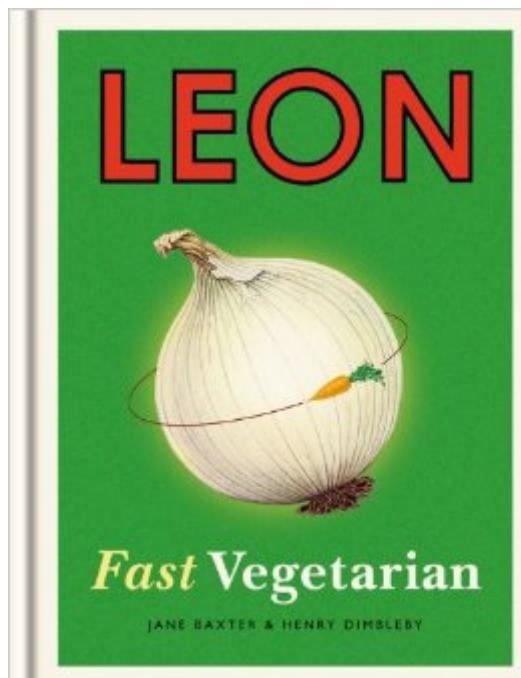


The book was found

Leon Fast Vegetarian



Synopsis

A new cookbook from Leon is always something to celebrate. Leon Fast Vegetarian, created by Leon co-founder Henry Dimbleby and food writer Jane Baxter, explores the flavorful, vibrant meals that can be created from the wonderful range of vegetables on offer. Leon's 13 restaurants in the UK are all about delicious, healthy fast food made from sustainable ingredients and that's the philosophy at the heart of this book. Eating less - or no - meat has become key to the way many of us cook and this collection of more than 150 really simple recipes is a treat for vegivores everywhere. As with any Leon book, cooking is not about spending hours in the kitchen but bringing family and friends together with simple, gutsy, happy food.

Book Information

Hardcover: 304 pages

Publisher: Conran (February 4, 2014)

Language: English

ISBN-10: 1840916362

ISBN-13: 978-1840916362

Product Dimensions: 8 x 1.4 x 10.2 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars Â See all reviews Â (8 customer reviews)

Best Sellers Rank: #216,382 in Books (See Top 100 in Books) #319 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian #758 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy

Customer Reviews

The book is beautiful to look at and the recipes are quite interesting. The only down side is that most of them are casseroles or stirfrys style. I already make indian dishes and ratatouilles so I was really looking for more opportunities to make vegetarian dishes that showcase one or two vegetables without giving it the "mixed" or "stewed" look... still, everything sounds good!

Bought it a couple of weeks ago and have tried many recipes. Very happy so far, it makes a nice change, I love the 50'ies air to it, great photos. Needs quite a few ingredients such as spices and staples in the cupboard (larder sounds odd to a vegetarian...). Looking forward to carrying on testing and tasting the other recipes

Interesting, unusual vegetarian recipes organized into thoughtful chapters. Better for more experienced cooks as recipes contain suggested variations but lack detailed directions on incorporating them, as well as "seasoning". I love it!

Surprisingly more interesting and varied than the standard Leon cookbook. (Though, at this point, it shouldn't be that surprising that a vegetarian cookbook can be creative.)

A very Lean & Fast cookbook that make you hungry indeed. Showcase delicious vegetarian dishes I wanna eat ASAP;). You Go Leon!

Beautiful book, with lots of solid and delicious recipes.

Great book, and I bought one for my farmer son too!

Lots of wonderful ideas, crisp layout, enticing pictures. Makes you want to cook. The only quibble I have is that this "vegetarian" book includes several egg based recipes.

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